

GET ACTIVE - Try "Tai Chi-Qigong"
Special Short Introductory Courses For Beginners
 from 14/11/2009

(Response and feedback will help to design future Tai chi-qigong classes for community of your local area)

CHUNG TIAN TAI CHI 中天太極

Teachers: Mr Kevin Wu (KW), Mr David Cheng (DC), Mr Bruce Yang (BY)

Location	Day & time
Priestdale: Chung Tian Temple, Bushland 1034 Underwood Road Q4127	<i>Saturday</i> <ul style="list-style-type: none"> • 8:30am -10am (KW) Topic : Wonderful Tai Chi • 10:30am -12noon (DC) Topic : Eight Treasure Qigong
	<i>Sunday</i> 8:30am – 9:45am Topics: Wonderful Tai Chi, Eight Treasure Qigong (KW & DC)
City Botanical Garden : Lawn between "Lake & QUT" (garden Map 1, 2)	<i>Wednesday</i> 4:15pm - 5:45pm (BY) Qigong & Tai Chi for beginners

Enquiry & Info :

email taichi.chungtian@gmail.com or 07-38705756 coordinator (Kwee Choo)
 newsletter at www.chungtian.org.au

TINH TAM TAI CHI -Linh Son Temple

Darra: Linh Son Temple 89 Rowe Tce Transport: Near Darra train station	(Exercise under Patio -Roof covered area) <i>Sun</i> <ul style="list-style-type: none"> • 10:30am – 12noon Topic: Wonderful Tai Chi (KW) • 1pm-2pm Topic : Xiang Qong Part 1 & 2 (BY) • Languages: English, <i>Tiếng Việt</i>, 中. Info: www.linhson-qld.org (list of regular & special program) email : tinhtam.taichi@gmail.com
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Please kindly seek your own medical advise before take part in activities